

# How We Help

**For Those in Crisis:** Through comprehensive case management and classes, Community Action encourages self-sufficiency by offering assistance to individuals and families as they recover from economic, medical and other setbacks. Also offered, are 18 single occupancy apartments and 6 family units for families or individuals who find themselves homeless..

**For Veterans:** In May of 2010, Community Action opened an 8 unit complex for homeless veterans. Veterans can live in a unit for up to two years as they learn to be self sufficient through comprehensive case management in partnership with the Veterans Administration.

**Health Care for the Homeless:** The Cheyenne Crossroads Clinic offers medical, dental and prescription services exclusively to the homeless.

**For Children:** Laramie County Head Start provides educational, nutritional and health care service to families with children pre-natal to 5 years.

**Grandparents Raising Grandchildren:** Kinship Support Services offers assistance and support to kinship caregivers over the age of 55 through comprehensive case management.

**For the Community:** The Cheyenne Farmers Market has been bringing fresh produce to the city for over 30 years. The market starts the first Saturday in August and runs for 10 weeks every year.

# The Mission

Community Action of Laramie County is dedicated to eliminating poverty by empowering people through education, advocacy, crisis intervention and providing opportunities toward self-sufficiency.

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# So, Who is

# Community Action?



# Community Action

Community Action of Laramie County, Inc., is that “second chance” for many who walk through its door. The agency has been helping Laramie County **children, families and individuals** who struggle with **poverty, homelessness** and other **crises** for over 45 years. Services are provided through the following outreaches: Cheyenne Crossroads Clinic, Laramie County Head Start, Kinship Support Services and Self-Sufficiency & Housing.



## Their Story

Rita (age 55) found Community Action of Laramie County (CALC) after her daughter disappeared, leaving behind four grandsons. This was a rough time in Rita's life; she had certainly not planned for this scenario. She recalls days when she was unable to speak and tears perpetually filled her eyes. She felt empty and lost. Her grandsons would cry themselves to sleep every night. Rita did not have birth certificates, social security cards, she didn't even know the birthdays of the younger grandsons. Without legal guardianship or insurance, Rita would not have even been permitted to take the children to the doctor's office or school.

With no idea of where to begin to file for guardianship of her grandsons, Rita came to CALC. There she found the help she was looking for. Rita describes the Kinship Support Services coordinator, Dianne, as “unbelievable,” and “a blessing.” Dianne helped Rita file for birth certificates, guardianship paperwork, find daycare, and helped get the youngest boy into Laramie County Head Start. Dianne even attended the court dates.

Rita now works two jobs to support her family, but looks forward to the monthly support group meetings that CALC facilitates. She also notes that all of the children are doing well in life and in school and is grateful for all of the help that she found at CALC.

