

# COMMUNITY ACTION OF LARAMIE COUNTY

Community Action of Laramie County (CALC) is dedicated to eliminating (reducing) poverty by empowering people through education, advocacy, and crises intervention, and by providing opportunities toward self-sufficiency.

#### WHAT IS PROJECT HOPE?



# SELF SUFFICIENCY of Laramie county

 Pilot Program through Community Action of Laramie County that began October 1, 2017 designed to help ten plus individuals/families become self-sufficient in one year.

#### Why Project Hope?

- Federal grant Community Service Block Grant (CSBG) – Not really producing quantifiable outcomes
- Good stewards of the money
- Were we really fulfilling our mission successfully



# SELF Sufficiency

#### PRIOR TO OCTOBER 1, 2017



- Community Action Self-Sufficiency Program mainly focused on emergency assistance.
  - Rent/deposit
  - Utilities Deposit/Shut Offs
  - Bus Tokens
  - Was this eliminating poverty?
  - Was this empowering?
  - Was this educating?
  - Was this advocacy?
  - Was this crises intervention?
  - And more importantly was this truly helping people to become self-sufficient?



#### SELF SUFFICIENCY

### The Task

- Community Action of Laramie County was tasked with designing a program that would and could produce results or quantifying outcomes.
- Heads came together and the brainstorming began:
  - How do you eliminate poverty?
  - What is the cause of poverty?
  - What population do we serve and why do we serve them?
  - How do we address the issues?
  - Who benefits?

#### GENESIS – PROJECT HOPE WAS CREATED

- HOW DO YOU ELIMINATE POVERTY?
- First poverty needs to be defined:
- The Dictionary defines poverty as:
  - The state of being extremely poor.
  - The state of being inferior in quality or insufficient in amount.
- Community Action defines poverty as
  - Persons living at or below 125% of the Federal Poverty Guideline.
  - Persons must be homeless, near homeless or facing an eviction within the next thirty days



#### SELF Sufficiency

# Elimination

- To eliminate you have to get to the root of the problem.
  - Lack of income or job
  - Lack of education
  - Lack of efficient medical care
  - Lack of child care
  - Lack of affordable housing
  - Lack of transportation
  - Lack of motivation
  - Mental health issues
  - Etc. Etc. Etc.



SELF Sufficiency

### EMPOWERMENT

- Empowerment begins with education.
  - Case management has to be at the very core.
  - Cannot be a hand out but a hand up.
  - Individuals have to have buy in.
  - Individuals have to have goals and be motivated.
  - Advocacy is key.





### CRISES INTERVENTION

- Persons entering the doors of Community Action are in crises so what constitutes intervention.
  - Must assess the immediate needs
    - Homelessness
    - Utility shut off
    - Age of the persons
    - Resources
    - Background



SELF Sufficiency

### SELF-SUFFICIENCY

- Self-Sufficiency brings everything together in the effort of restoring a client's confidence in themselves and be able to believe that they are capable of getting to a state of not requiring any aid, support, or interaction for survival.
  - Self-Sustainability



#### SELF Sufficiency

### THE BIRTH OF PROJECT HOPE



## SELF Sufficiency

- Intensive Case Management
  - Application process
    - 10 clients versus 800
  - 4 hour assessment with two to three managers attending the intake
    - Intake is 38 pages
    - Eligibility Requirements
      - Meet 125% FPL
      - Homeless or near homeless
      - Active participation in the program
      - Pass a background check
  - Goal Oriented
  - One year commitment
  - Weekly, bi-weekly, monthly meetings
  - Monthly and quarterly assessments
  - Referrals and resources



#### SELF SUFFICIENCY

#### FOUNDATIONS/GOALS

- Maintaining a stable home
- Maintaining a stable job
- Enhancement of Life Skills
  - Budgeting
  - Interviewing skills
  - Nutrition
  - Parenting
  - Capacity building building social skills and community relations
  - Saving
- Addressing individual needs
- Developing goals to achieve
- Improving quality of life



#### SELF Sufficiency

#### OF LARAMIE COUNTY

### THE KEY

- From October 1, 2017 to September 30, 2018 14 people were accepted into the Program.
  - June 2018 4 persons had met all goals and were ready to graduation
  - September 2018 7 persons are preparing for graduation ceremonies to be held October 26, 2018 at the Botanical Gardens
    - Of these 11 people
      - 2 are in the process or have already started the process of purchasing a home the rest are residing in affordable and safe residences
      - 2 are enrolled in classes and 4 are preparing to start classes in the Spring
      - 6 have or are getting ready to purchase vehicles
      - 5 are currently employed
      - All are working at paying off debts and budgeting
      - All are smiling and appreciative and feel that Project Hope made a difference in their goal to become self-sufficient





# SELF Sufficiency

OF LARAMIE COUNTY

# JUNE 26, 2018

#### We Think So!!!!



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#### 4 GRADUATES IN SIX MONTHS



# GOING FORWARD



- October 1, 2018
  - Gearing up for the next group
  - We have narrowed down the questions in the intake
  - We have a better understanding of the needs
  - We are going to increase the numbers up to 60 clients
  - Stared the intakes October 1<sup>st</sup> and are waiting on background checks but have six families ready to go

### Q&A





SELF Sufficiency

#### CONTACT INFORMATION



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