



# KINSHIP

SUPPORT SERVICES

Supporting families.  
Fostering hope.

## JUNE NEWSLETTER



### SUPPORT GROUP MEETING

**NOTICE:** THE JUNE SUPPORT GROUP MEETING HAS BEEN *CANCELLED AND ALL MEETINGS ARE SUSPENDED UNTIL FURTHER NOTICE*. WE WILL PROVIDE AN UPDATE IN THE JULY NEWSLETTER.

PLEASE FEEL FREE TO CALL IF YOU HAVE QUESTIONS OR CONCERNS.

### NOTICE:

**WE HAVE MOVED TO:  
1920 EVANS AVENUE  
CHEYENNE, WY 82001**

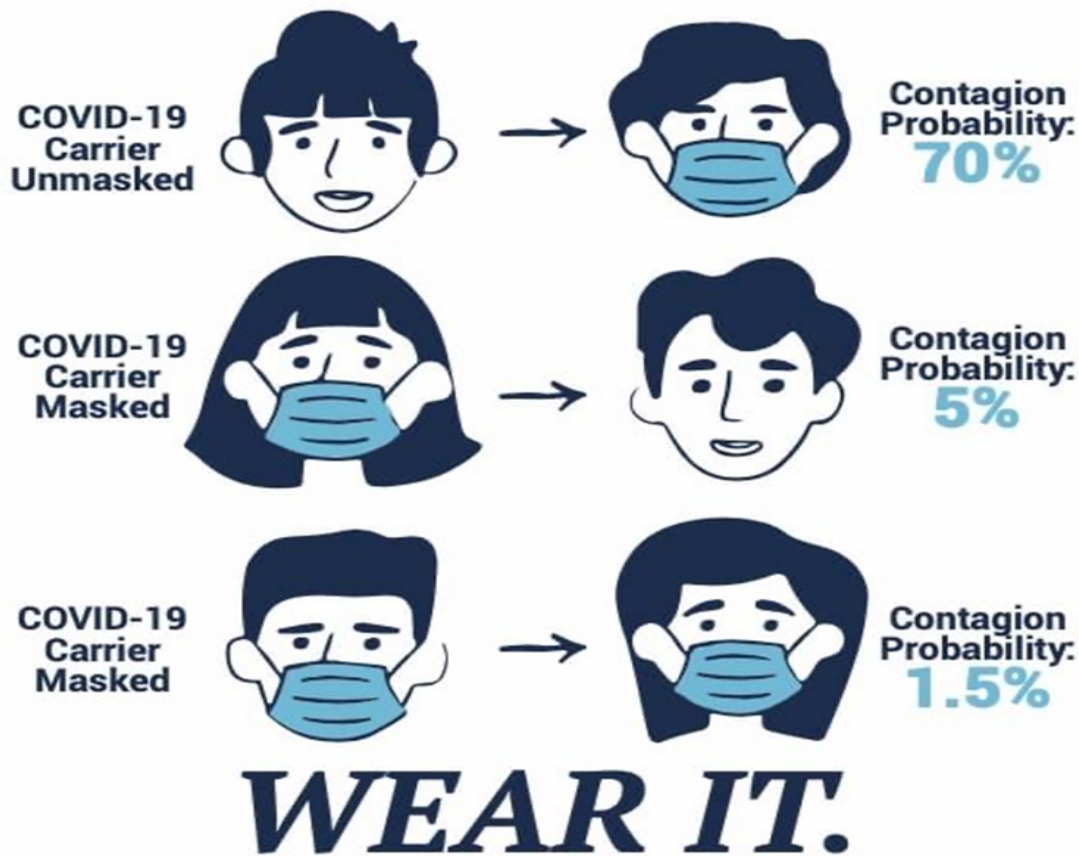
**MAIL TO:  
P.O. BOX 106  
CHEYENNE, WY 82003**

Please contact Mary with questions or concerns:  
(307) 635-9291  
maryg@calc.net



Community Action of Laramie County  
Helping Laramie County. Helping each other.

P.O. BOX 106 • Cheyenne, WY 82003  
(307) 635-9291 • calc.net



Legal Aid has moved. They are now located at:  
 1920 Thomes Avenue on the third floor.  
 The phone number is 307-432-0807.



## Thank You to Local Vendors

Community Action of Laramie County and the Kinship Support Services Program would like to extend our deep and sincere gratitude to these wonderful local vendors!

On Thursday April 30, 2020 CALC staff, members of our Board of Directors, and volunteers, packed boxes and Cheyenne Famer's Market bags with food and cleaning supplies to distribute to all of our Older Relative Caregiver families. This was made possible by our generous local vendors: Pine Bluff Distilling, The Bread Basket, 7 Bar 2 Beef LLC, Jo-Ed Produce, and Relish! LLC. In addition, for our May give-a-way, we will be giving each family a \$10.00 Safeway/Albertson's gift card. These cards may be used for grocery items and also in the pharmacy. These gift cards are the generous donation of our local Rotary Club.

From All Of Us ~ THANK YOU!!!

## Mary's Memo:

Hello Everyone,

Can you believe it's almost summer?! What is even crazier is I am going to talk about this year's Adopt-A-Family Event. We are getting an early jump on it this year. We plan to offer applications to all of our families this year. That includes Head Start, Project Hope, Self-Sufficiency, and of course our Older Relative Caregiver Program. As we send applications to our families we will also be recruiting sponsors, those who make this event possible. We hope this will be our most successful event!! I will talk to you next month.

Stay safe,  
Mary

**"You have power over your mind - not outside events. Realize this, and you will find strength."  
Marcos Aurelius**

### ABOUT OUR PROGRAM

Our Older Relative Caregiver Program provides resources and support to older relative caregivers 55 and over who are raising relatives either under the age of 18 or living with a disability. Understanding that this transition in caregiving can be a challenging time for all family members involved, our program offers a variety of services to help families succeed ~ including community referrals, support groups and a variety of supplemental services.

### A message from Donald Trump:

Older Americans are cherished and invaluable members of our society, deserving our utmost respect, gratitude, and admiration. During Older Americans Month, we pause to draw upon the wisdom, spirit, and experience older adults bring to our families, our communities, and our Nation. We also recognize that during this time of crisis caused by the coronavirus pandemic, we can persevere and prevail by emulating the resolve, tenacity, and determination of America's more experienced individuals who have endured and overcome life's most challenging times.

Older Americans have built our economy, defended our freedom, and shaped our Nation's character. They have raised families and dedicated themselves to improving the quality of life for future generations. They sacrificed in times of hardship and took pride in a job well done. Many served honorably in our Armed Forces during some of the darkest times in the history of our Republic. Older Americans have lived lives of service and sacrifice, bound by devotion to the sacred principles of our country. Although no one could begrudge them rest and respite during their retirement years, having worked decades to support and grow their families and nurture their communities, many older Americans spend their time volunteering for those in need, mentoring young people, or learning new skills. They pour love into their extended families, places of worship, and neighborhood centers, and offer profound perspective and insight gleaned from years of life lessons.

**NOW, THEREFORE, I, DONALD J. TRUMP, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim May 2020 as Older Americans Month. I call upon all Americans to honor our elders, acknowledge their contributions, care for those in need, and reaffirm our country's commitment to older Americans this month and throughout the year.**

## DASA'S CORNER



*Hello All, As of Friday, May 15, 2020 the Community Action staff returned to their new offices at 1920 Evans Avenue. Providing a safe environment that safeguards the health and well-being of our clientele and employees is a top priority for the office. We continue to monitor updates for COVID-19 with the Wyoming Department of Health website and maintain precautions to prevent the spread of the virus as well as other common ailments such as the cold and flu. If you need to come to the office to speak with staff, please know that we will be wearing a face mask and will have some available for you to use as well. At this time, we anticipate that the office will remain open, without another closure but with the rapidly changing situation Community Action will determine the best course of action in the months to come.*

*We ask you to remain proactive in protecting yourself and your children using these steps from the Center of Disease Control:*

- *Wash you hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.*
- *If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.*
- *Avoid touching your eyes, nose, and mouth with unwashed hands.*
- *Putting distance between yourself and others.*

*We are in unprecedented territory in an extraordinarily challenging time and I want to thank you for your understanding and patience as we work together to keep our community healthy and safe.*

*Stay safe and Healthy,*

*Dasa Robertson*

*Self-Sufficiency/Kinship Support Services Program Director*

## COMMUNITY ACTION OF LARAMIE COUNTY JUNE TRAININGS

### LEARNING OVER LUNCH

**ALL TRAININGS HAVE BEEN SUSPENDED  
UNTIL FURTHER NOTICE.**



**SELF  
SUFFICIENCY**  
OF LARAMIE COUNTY

1920 EVANS STREET  
CHEYENNE, WY 82001  
(307) 635-9291

WE OFFER:

- INTENSIVE CASE MANAGEMENT THROUGH PROJECT HOPE
- SHORT-TERM HOUSING & CASE MANAGEMENT FOR VETERANS
- TRANSITIONAL HOUSING

## EYE GLASSES PROGRAMS

CALC has two eye glass programs. One program is for adults, Call our office to have your name and contact information added to our list.

The second program is for children. Mary will meet with parents at the school to complete the forms.

Call Mary for more information.  
635-9291 extension 30

## CLOSURES & NOTICES

**COMMUNITY ACTION OF LARAMIE COUNTY main office is closed. Case managers are working from home to serve clients as best they can. Call for information 635-9291.**

**HEAD START & EARLY HEAD START classes are closed**

**CROSSROADS HEALTHCARE CLINIC is serving patients. The County Health Department building is closed, please enter the clinic through the side door. Call with questions.**

**For up-to-date closure information, visit [www.calc.net](http://www.calc.net).**



521 W. Jefferson Road  
Cheyenne, WY 82007  
(307) 634-5829

EARLY HEAD START provides services to pregnant moms and to children from birth to age three in Laramie County.

HEAD START offers classroom based early childhood education to Laramie County children 3 - 5 years of age.



100 CENTRAL AVENUE, SUITE 100  
CHEYENNE, WY 82007  
(307) 632-8064

We provide quality primary medical care, mental health services and substance abuse services to homeless individuals and families.

## INFORMATION FOR ALL VETERANS

With continuing and ever changing health orders in place throughout Wyoming and the United States due to COVID-19, isolation has been a big concern for the mental health of the Jonn J Edmund's Veterans Home. In late April the GPD program participants were able to enjoy a day fishing excursion sponsored by CALC staff, while being able to recognize social distancing guidelines. This went a long way in improving the mental health of GPD program participants. It is important to get outside and experience nature, exercise, and fresh air whenever safe to do so.

If you are a veteran, or someone you know is a veteran and is homeless, please refer them to:  
<https://www.va.gov/HOMELESS/NationalCallCenter.asp>

Best Regards,

Justine Whitacre  
Veterans Home Case Manager



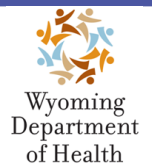
**COMMUNITY ACTION OF LARAMIE COUNTY** is a leader dedicated to reducing poverty in Laramie County by empowering people to achieve self-sufficiency through education, advocacy, intervention, and community partnerships.

Through our four programs lives are being changed and improved every day.

- **Crossroads Healthcare Clinic** provides primary medical care, mental health services and substance abuse services to individuals and families who are homeless and a small percentage of low-income individuals and families.
- **Laramie County Head Start** provides classroom based early childhood education to children 3-5 years of age as well as services to pregnant moms and infants from birth to age 3.
- **Self-Sufficiency** offers intensive case management to a limited number of individuals and families. Approved participants enter a one year commitment to receive intensive case management to achieve individual goals. The VA Bridge Housing program is a 90 day or less program offering case management and temporary housing to low-income veterans.
- **Kinship Support Services** Older Relative Caregiver program provides resources and support to caregivers by community referrals, support groups and supplemental services. We also offer Temporary Guardianship services to assist with the district court paperwork.
- The **Cheyenne Farmers Market** is our annual fundraiser and helps provide beneficial services to the community.



"This document was developed under Grant(s) from the U.S. Department of Health and Human Services, Administration on Community Living and the Wyoming Department of Health, Aging Division, Community Living Section. However, these contents do not necessarily represent the policy of the U.S. Department of Health and Human Services, Administration on Community Living and the Wyoming Department of Health, and you should not assume endorsement by the Federal or State government."



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**P.O. BOX 106**  
**CHEYENNE, WY 82003**