



KINSHIP

SUPPORT SERVICES

Supporting families.
Fostering hope.

OCTOBER NEWSLETTER



SUPPORT GROUP MEETING

NOTICE: THERE WILL BE NO SUPPORT GROUP MEETINGS UNTIL FUTHER NOTICE

**WE PLAN ON RESUMING
KINSHIP SUPPORT GROUP MEETINGS
WHEN IT IS SAFE TO PROCEED**

**WE HAVE MOVED TO:
1920 EVANS AVENUE
CHEYENNE, WY 82001**

**MAIL TO:
P.O. BOX 106
CHEYENNE, WY 82003**

Please contact Mary with
questions or concerns:
(307) 635-9291
maryg@calc.net



Community Action of Laramie County
Helping Laramie County. Helping each other.

P.O. BOX 106 • Cheyenne, WY 82003
(307) 635-9291 • calc.net



Over 55? Re-entering the workforce? The Experience Works Senior Community Service Employment Program (SCSEP) provides paid community service assignments at local public and non-profit organizations. We are offering training, referral to needed services, and job search assistance to those who qualify. With updated skills, participants use their community service training as a springboard to permanent jobs with local employers.

A Resource for Employers. Hire an older worker! They benefit the company bottom line – they are dependable, skilled, loyal, and conscientious. Pre-screened candidates save time and money in recruitment costs. Experience Works can also help design customized training to meet specific employer needs.

Want to Learn More? Contact Experience Works!

Kelly Smith (888) 278-9109 or (307)352-9406

ksmith@experienceworks.org / www.experienceworks.org

Serving 20 Wyoming counties

LOOKING FOR SPONSORS!

Kinship Support Services will hold a very different Adopt-A-Family event this year! We are seeking financial sponsors for our families. Our goal is to provide every family that has signed up for Adopt-A-Family with a check in early December, this can be used to purchase Christmas presents for the children in their family. We do not have the necessary space at our new location to house all the wonderful gifts that have been purchased for our families in previous years.

When sending in your generous donation, please make the check payable to: Community Action of Laramie County and note on the check that it is for Adopt-A-Family.

THANK YOU SO VERY MUCH!!!

Mary's Memo:

Hello Everyone,

As we move from summer to fall a lot is happening for everyone, and CALC will be a part of it. Kinship is holding its Adopt-A-Family project for the holiday season. We are holding a free clothing give-a-way and furniture sales October 16th and 17th. We are continuing to assist both adults and children with our voucher programs for eye glasses

A big thank you to our wonderful sponsors and supporters throughout this challenging year. Thank you and see you next month.

~ Mary

“Believe only half of what you see and nothing that you hear.”

— Edgar Allan Poe

ABOUT OUR PROGRAM

Our Older Relative Caregiver Program provides resources and support to older relative caregivers 55 and over who are raising relatives either under the age of 18 or older living with a disability. Understanding that this transition in caregiving can be a challenging time for all family members involved, our program offers a variety of services to help families succeed ~ including community referrals, support groups and a variety of supplemental services.

INFORMATION FOR ALL VETERANS

The VA is slowly opening back up, but, where services can be done remotely they are. Program participants at the Jonn J Edmunds Veterans Home have been receiving both physical and mental health care remotely via teleconferencing since the beginning of the Pandemic. If you are a veteran, or know a veteran who might benefit from one of the below services, please take note:

Employment & Vocational Services Call-in

Call to verify dates and times.

Location: Phone 1-800-767-1750

Access Code: 00557#

Combat Spirituality Group (Phone Only)

Date: Every Tuesday

Combat Spirituality Group will meet by phone until further notice. Call Chaplain Emmerich to join at 970-302-9932.

Cheyenne Grief Support Group

by Phone Only

Call to verify dates and times

Location: 2360 E. Pershing Blvd.

Cheyenne, WY 82001

Temporary Change: This group will meet with the Fort Collins grief group by phone on the **1st and 3rd Thursdays** of each month. Please call Chaplain Sara Emmerich at 970-302-9932 to join.

Vietnam Support Group (Phone Only)

Call to verify dates and times

This group will meet by phone until further notice. Contact Chaplain Emmerich to join 970-302-9932.



Best Regards,
Byron Ward
Veteran's Home Case Manager

FREE CLOTHES GIVE-A-WAY AND FURNITURE SALE

Come join us for this BIG two-day event! It will be held:

Friday, October 16th from 10am to 7pm and

Saturday, October 17th from 10am to 2pm

Where: The American Legion Post 6 located at 2001 E. Lincolnway.

The clothes and shoes are all FREE ~ please come and help yourself!

That's not all! At rock bottom prices we will be selling a wide variety of items. This will include office furniture, exercise equipment, and much, much more. Additional fun surprises so please come join us.

See you there!!

FUN **HALLOWEEN** FACTS:

🦇 Halloween is more than 2,000 years old!

🦇 Candy corn was originally called Chicken Feed

🦇 The first Jack O'Lanterns were made from turnips ...

🦇 Halloween is the second highest grossing commercail holiday after Christmas



**SELF
SUFFICIENCY**
OF LARAMIE COUNTY

1920 EVANS STREET
CHEYENNE, WY 82001
(307) 635-9291

WE OFFER:

- INTENSIVE CASE MANAGEMENT THROUGH PROJECT HOPE
- SHORT-TERM HOUSING & CASE MANAGEMENT FOR VETERANS
- TRANSITIONAL HOUSING





EYE GLASSES PROGRAMS

CALC has two eye glass programs. One program is for adults. Call our office to have your name and contact information added to our list.

The second program is for children. Mary will meet with parents at the school to complete the forms.

Call Mary for more information.
635-9291 extension 130



Tech2Connect-University of Wyoming

Provides older adults with remote social services, healthcare, and an aid to combat social isolation due to Covid-19.

For more information please contact:
Scott Cheney, Crossroads Healthcare Clinic
307-632-8024
Mary Goodwin, Kinship Program
307-635-9291 ext. 130



CROSSROADS
HEALTHCARE CLINIC

100 CENTRAL AVENUE
CHEYENNE, WY 82007
(307) 632-8064

We are excited to announce we have moved to a great new location!

We are still in the health department building, just on the North side.

Providing quality primary medical care, mental health services and substance abuse services to homeless individuals and families.

THE FARMER'S MARKET HAS BEEN RELOCATED!

We have relocated the market to:
Frontier Park in the CFD Parking Lot B, off 8th Avenue.



THE CHEYENNE
FARMER'S
MARKET

To better comply with health orders there is only one entrance on the North side of the lot and accessible through Lot C off Carey Avenue. We have great parking, including handicap/elder parking in the lot as well.

The safety of the community is our priority, the following precautions will ensure your safety while shopping for your market items. Vendors, volunteers and staff will be required to wear face masks at all times. Patrons of the market are encouraged to wear face coverings and social distancing will be mandated.

DON'T MISS THE CHEYENNE FARMERS MARKET - THE LAST MARKET DAY IS OCTOBER 3RD.

COMMUNITY ACTION OF LARAMIE COUNTY is a leader dedicated to reducing poverty in Laramie County by empowering people to achieve self-sufficiency through education, advocacy, intervention, and community partnerships.

Through our four programs lives are being changed and improved every day.

- **Crossroads Healthcare Clinic** provides primary medical care, mental health services and substance abuse services to individuals and families who are homeless and a small percentage of low-income individuals and families.
- **Self-Sufficiency** offers intensive case management to a limited number of individuals and families. Approved participants enter a one year commitment to receive intensive case management to achieve individual goals. The VA Bridge Housing program is a 90 day or less program offering case management and temporary housing to low-income veterans.
- **Kinship Support Services** Older Relative Caregiver program provides resources and support to caregivers by community referrals, support groups and supplemental services. We also offer Temporary Guardianship services to assist with the district court paperwork.
- The **Cheyenne Farmers Market** is our annual fundraiser and helps provide beneficial services to the community.



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