



**KINSHIP**  
SUPPORT SERVICES

A Program of:



**COMMUNITY  
ACTION** | OF LARAMIE  
COUNTY



## MARCH NEWSLETTER

### SUPPORT GROUP MEETING

Our next Support Group Meeting will be held on Thursday, April 9th. We will be Celebrating St. Patrick's Day. Wear your lucky green!!

Our meetings will continue to be held at Element Church.

Any questions or concerns please contact:  
Mary Goodwin

### GUEST SPEAKER

Donna Padilla, Senior Wellness

Director for the Cheyenne

Family YMCA. Donna will have us all on our feet with excitement for the wide variety of classes the YMCA offers children, adults, vets, and seniors. We can all have fun together using our local YMCA.

April will be an action packed month!!

**Parent Information Center**  
**2232 Dell Range Blvd, Suite 204**  
**Cheyenne WY 82009**  
**(307) 684-2277**

Parents Helping Parents of Wyoming, Inc is a private, non-profit organization founded in 1990. Governed by a board

of directors, the majority who are parents or family members of children with disabilities. PHP 's mission is to help families become more active in their children's learning and education, to serve and support children with and without disabilities through advocacy, education, and referral.

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*"It's not me who can't keep a secret. It's the people I tell that can't."*  
– Abraham Lincoln

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## LEGAL AID

Did you know if you want to change your name, you must reside in the county for two years before filing for a name change? You will need to file a petition for name change with the district court. There is a filing fee. You will also need to publish a notice in the newspaper in the county where you filed once a week for four (4) consecutive weeks. There is also a publication fee. [You can obtain forms online at www.legalhelpwy.org](http://www.legalhelpwy.org)

## PARENTS HELPING PARENTS OF WY

We offer a variety of workshops to parents/grandparents/guardians on a variety of topics related to:

- Education,
- Special education,
- The rights of parents/guardians,
- How to communicate effectively with the school
  - Family Engagement

Go to their website to sign up for their newsletter.

The **Parent Education Network's (PEN)** purpose is to offer learning strategies to parents and technical assistance to schools and families to increase meaningful family engagement linked to learning, to ultimately increase student success. PEN is a project of Parents Helping Parents of Wyoming, Inc. a statewide non-profit parent organization



Hello one and all,  
Are you busy? We

are too! I can't believe we are heading into another month in the year of 2020. Time flies by so quickly as it seems we were just taking down the tree and now it is Valentine's day! Of course I did notice that the stores had changed out the candy canes to hearts the day after Christmas.

Here at CALC even though we are so bogged down, we try to take the time to reflect on the month and the year ahead.

First of all, our newest employee, Clarissa Walsh started the week of January 13. She was hired to be the Guardianship Case manager. We are so excited to have her expertise, laughter and smile as a part of our team. If you have questions about guardianship, please call and set up an appointment to meet with her.

Next, we have implemented a Life Skills Training that meets twice a month. Such an exciting way for people to learn a skill and be able to use it in their everyday life and the key is that everyone is invited. We supply a lunch and a fun atmosphere of learning. Please keep watch of the schedule there may be something coming up that will tickle your fancy.

In January we were so excited to find and be able to purchase a 16-passenger bus. This is going to open so many doors for CALC. For instance, we will be able to provide rides for persons who would like to attend the support group but find the traveling after dark a barrier. Please keep watch as this becomes a reality in the coming months.

Something that you will need to be watching in the next few months is that 2020 is a Census year. Once every decade, America comes together to count every resident in the United States. This is a count of our population and households, and it provides the basis for distributing federal funds annually to state, counties and community programs. This census impacts housing, education, transportation, employment, health care and public policy. With the count also comes job opportunities. If you are looking for a way to earn a little extra cash, check out the 2020 Census and sign up for employment.

As stated above, we are all busy, so I am going to sign off here. I hope that each of you have a wonderful Valentine's Day and can spend time with your loved ones on this commemorative day of love.

*Dasa Robertson*  
*Self-Sufficiency/Kinship Support Services Program Director*

## Mary's Memo's

Hello Everyone.

I want to thank all sponsors and families that participated this year in our Adopt-A-Family. We had a very successful turn out.

We are already in the planning stage for next year.

Throughout the coming year the newsletter will be providing updates for Adopt-A-Family as well as other fun events and classes.

Your input is always welcome on all events. We are always looking for new ideas, interests from all members of our CALC family.

## SPECIAL SENIOR DISCOUNTS

Applebees : 10% Senior Discount

Burger King: 10% Senior Discount and a Discount on some drink items

Denny's: Senior Menu with discounted items

Sonic: 10% Senior Discount

Golden Corral: discount menu for 60 and over

Subway: 10% discount

Outback Steakhouse: 10% off for AARP members

## COMMUNITY ACTION FEBRUARY TRAININGS

**Wednesday, February 5th , the Importance of Vehicle Care with FM Automotive, 1pm to 3:00pm**

**Wednesday, February 19th, Budgeting Class, 1pm to 3:30**



## LEGAL INFORMATION

Legal Aid has moved. They are now located at 1920 Thomes on the third floor. Legal Aid's phone number is still 307-432-0807.

"Did you know that in a divorce, you can serve the opposing party by publication if you can't locate the opposing party? You can serve the opposing party by publication by first filing a motion to allow publication with the district court. You can then publish in the newspaper in the county where you filed for divorce once the court allows you publish. You can obtain forms online at [www.legalhelpwy.org](http://www.legalhelpwy.org) or at the local courthouse."

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*GOOD NEWS— COMMUNITY ACTION HAS PURCHASED A 16 PASSENGER VAN. THIS VAN CAN CARRY TWO PEOPLE IN WHEELCHAIRS. MORE GOOD NEWS IS ON THE WAY!!!!*

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## INFORMATION FOR ALL VETERANS

The Jonn J Edmunds Veteran Home is excited to announce that veterans within the program are now taking advantage of the fellowship and friendship found with Platte Rivers Veteran Fly Fishing. This is a free non-profit group open to all active duty, guard, reserves, and veterans to come together and learn to 1) build fly rods, 2) tie flies, 3) fly fish, and 4) make some new friends with people who share service experiences.

This is all at no cost to the service member/veteran; all materials are provided. Platte Rivers Veteran Fly Fishing meets every Saturday morning from 0900-1130 at King of Glory Lutheran Church, 8806 Yellowstone Rd. For more information: <https://platterivers.com/>

**Justine Whitacre**  
**Veterans Home Case Manager**

## **EYE GLASS PROGRAMS**

CALC has two separate eye glass programs. One program is for adults and all you need to do is call us and get your name and contact phone number on our list.

The second program is for children. **I will meet with parents at the school to complete the forms.**

## **COMMUNITY EVENTS & ACTIVITIES**

### **COATS, HATS AND WINTER SCARF DRIVE!!**

CALC is holding a winter coat, hat and scarf drive at our three locations, Crossroads Clinic, Head Start, and our main office at 211 W. 19th. You can bring your items to any of these locations. Once we have gathered up enough items we will let everyone know when and where go to pick up a good winter coat.

Community Action of  
Laramie County

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211 W. 19th Street  
Cheyenne, WY 82001



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