



KINSHIP
SUPPORT SERVICES

Supporting families.
Fostering hope.

APRIL NEWSLETTER



SUPPORT GROUP MEETING

NOTICE: THE APRIL SUPPORT GROUP MEETING HAS BEEN *CANCELLED AND ALL MEETINGS ARE SUSPENDED UNTIL FURTHER NOTICE*. WE WILL PROVIDE AN UPDATE IN THE MAY NEWSLETTER.

PLEASE FEEL FREE TO CALL IF YOU HAVE QUESTIONS OR CONCERNS.

Please contact Mary with questions or concerns:
(307) 635-9291
maryg@calc.net

APRIL GUEST SPEAKER:

WE HOPE TO RESCHEDULE THE APRIL SPEAKER FOR A LATER DATE.



COMMUNITY
ACTION OF LARAMIE
COUNTY

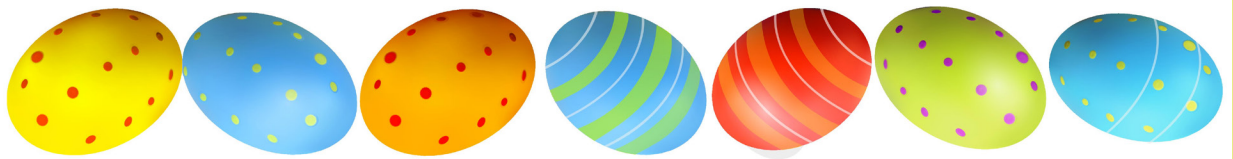
Community Action of Laramie County
Helping Laramie County. Helping each other.
211 W. 19th Street • Cheyenne, WY 82001
(307) 635-9291 • calc.net

CHEYENNE FAMILY YMCA

1426 East Lincolnway
Cheyenne, WY 82001

The Cheyenne Family YMCA offers a wide assortment of fun and healthy activities. The YMCA has a Learning Center, fitness classes, swimming lessons, a preschool, and aquatics. Come visit our location and see what we have to offer for you!

“We must be willing to let go of the life we have planned, so as to have the life that is waiting for us.” ~ E.M. Forster



EXPERIENCE WORKS INC.

Experience Works helps American workers age 55 and older find employment. They provide training, community service, and employment. The focus is on improving lives one person at a time. Today, Experience Works is using the newest and most effective tools available to help our older workers become job ready. They do this by building partnerships with community colleges and other valuable partners. You are never too old to learn something new!

Experience Works
PO Box 2472
Rock Springs, WY 82902
(307) 352-9406

FUN EASTER FACTS:

- ~ The art of easter egg painting is called pysanka and is from the Ukraine.
- ~ Eostre is thought to have been the Anglo-Saxon goddess of Spring and Rebirth, she is symbolized by the hare.
- ~ The easter egg is said to represent joy and new life. Buying new clothes for Easter is considered good luck.

Mary's Memo:

Hello Everyone,

Community Action of Laramie County's main offices will be moving in May, we plan to be open in our new location by June 1st.

We are moving to:
1920 Evans Avenue, which is at the corner of Evans Avenue and 20th Street.

Do you know of an older adult who is raising a child by themselves? Please call or have them call me, we would like to assist them.

I will update next month!
Stay safe,

Mary

ABOUT OUR PROGRAM

Our Older Relative Caregiver Program provides resources and support to older relative caregivers 55 and over who are raising relatives either under the age of 18 or under the age of 54 and living with a disability. Understanding that this transition in caregiving can be a challenging time for all family members involved, our program offers a variety of services to help families succeed ~ including community referrals, support groups and a variety of supplemental services.

LEGAL INFORMATION:

Legal Aid has moved.

They are now located at:

1920 Thomes Avenue on the third floor.

The phone number is 307-432-0807.

“Did you know a holographic will is valid in Wyoming? A holographic will is a will that is entirely in the testator's, the person drafting the will, handwriting. The will must be signed by the testator. The will doesn't have to be witnessed.”

The greatest
happiness is
family happiness.

~ Joyce Brothers





Good day one an all. I hope each one of you are feeling healthy and can stay home with your loved one's weathering this concerning pandemic. We certainly are living in such interesting times.

Because we are concerned about the safety of our clients, staff and their families, the office has made the undesirable decision to close our lobby to clients and the public until the CDC and the government feel that we are all secure from infection and can open again. The Learning over Lunch and support groups will be cancelled until further notice.

All is not lost because, Case managers are working from home, so clients are still being served as best as possible. Calls are being made and we are working on doing something special for the Easter holiday.

We do apologize for the inconvenience this may be causing you but as stated for the safety of staff, clients and the community as a whole, we will remain working remotely until further notices.

*Dasa Robertson
Self-Sufficiency/Kinship Support Services Program Director*

**COMMUNITY ACTION OF LARAMIE COUNTY
APRIL TRAININGS**

LEARNING OVER LUNCH

**ALL TRAININGS HAVE BEEN SUSPENDED
UNTIL FURTHER NOTICE.**

**WE WILL GET THE WORD OUT WHEN
THEY START AGAIN.**



**SELF
SUFFICIENCY**
OF LARAMIE COUNTY

211 W. 19TH STREET
CHEYENNE, WY 82001
(307) 635-9291

WE OFFER:

- **INTENSIVE CASE MANAGEMENT THROUGH PROJECT HOPE**
- **SHORT-TERM HOUSING & CASE MANAGEMENT FOR VETERANS**
- **TRANSITIONAL HOUSING**

EYE GLASSES PROGRAMS

CALC has two separate eye glass programs. One program is for adults, call our office to have your name and contact information added to our list.

The second program is for children. Mary will meet with parents at the school to complete the forms.

Call Mary for more information.
635-9291 extension 30

CLOSURES & NOTICES

COMMUNITY ACTION OF LARAMIE COUNTY main office is closed. Case managers are working from home to serve clients as best they can. Call for information 635-9291.

HEAD START & EARLY HEAD START classes are closed until at least April 6, 2020.

CROSSROADS HEALTHCARE CLINIC is serving patients. The County Health Department building is closed, please enter the clinic through the side door. Call with questions.

For up-to-date closure information, visit www.calc.net.



521 W. Jefferson Road
Cheyenne, WY 82007
(307) 634-5829

EARLY HEAD START provides services to pregnant moms and to children from birth to age three in Laramie County.

HEAD START offers classroom based early childhood education to Laramie County children 3 - 5 years of age.



100 CENTRAL AVENUE, SUITE 100
CHEYENNE, WY 82007
(307) 632-8064

We provide quality primary medical care, mental health services and substance abuse services to homeless individuals and families.

INFORMATION FOR ALL VETERANS

The VA and Community Action of Laramie County are dedicated to ending Veteran Homelessness within our community. Together, the Cheyenne VA Medical Clinic, Volunteers of America's SSVF Program, and the CALC Jonn J. Edmunds Veterans Home work together to help veterans achieve housing stability within our community. But, it does not end there; CALC is always seeking partners within our community to help our veterans obtain strong social support systems to reduce the chances of a recurrence of a loss of housing; if you, or someone you know would like to partner with CALC, please have them contact the Veterans Case Manager at 307-635-9291. If you, or anyone you know is a veteran who is homeless or near homeless, please reach out to CALC. Below is a video produced by the VA to explain a little more about veteran homelessness:

https://www.youtube.com/watch?v=8Ngor_HOn5A&feature=emb_logo

Best Regards,

Justine Whitacre
Veterans Home Case Manager



COMMUNITY ACTION OF LARAMIE COUNTY is a leader dedicated to reducing poverty in Laramie County by empowering people to achieve self-sufficiency through education, advocacy, intervention, and community partnerships.

Through our four programs lives are being changed and improved every day.

- **Crossroads Healthcare Clinic** provides primary medical care, mental health services and substance abuse services to individuals and families who are homeless and a small percentage of low-income individuals and families.
- **Laramie County Head Start** provides classroom based early childhood education to children 3-5 years of age as well as services to pregnant moms and infants from birth to age 3.
- **Self-Sufficiency** offers intensive case management to a limited number of individuals and families. Approved participants enter a one year commitment to receive intensive case management to achieve individual goals. The VA Bridge Housing program is a 90 day or less program offering case management and temporary housing to low-income veterans.
- **Kinship Support Services** Older Relative Caregiver program provides resources and support to caregivers by community referrals, support groups and supplemental services. We also offer Temporary Guardianship services to assist with the district court paperwork.
- The **Cheyenne Farmers Market** is our annual fundraiser and helps provide beneficial services to the community.



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