



KINSHIP

SUPPORT SERVICES

SUPPORTING FAMILIES. FOSTERING HOPE.

Kinship Support Group

Support group will be different. We are moving the location to First United Methodist Church. 108 E 18th St 6:00pm to 8:00pm November 10th. We will be doing our Thanksgiving meal. If anyone would like a Thanksgiving meal box they will need to attend. This will be the only way to get your box. If you did not attend the Halloween party you need to attend.



*Happy
Thanksgiving*

Thanksgiving

R	I	E	S	B	H	W	R	Z	Y	S	H	F	U	G
S	F	T	S	E	V	R	A	H	C	H	C	Z	N	G
I	E	D	U	T	I	T	A	R	G	A	R	N	N	M
T	G	E	C	B	A	R	K	D	N	R	I	O	B	K
H	M	T	E	S	F	M	R	R	I	I	B	V	D	R
A	T	G	R	E	E	N	B	E	A	N	S	E	Z	G
N	C	H	G	Y	H	Q	M	S	B	G	I	M	I	Y
K	P	B	U	A	V	L	Z	S	B	N	S	B	M	P
S	N	L	P	R	T	A	I	I	H	C	A	E	I	C
G	U	I	F	U	S	H	R	N	Y	E	K	R	U	T
I	X	H	A	M	M	D	E	G	R	N	P	W	C	B
V	H	J	M	A	N	P	A	R	A	D	E	R	N	Q
I	O	X	I	X	V	W	K	Y	S	L	Z	H	M	B
N	G	U	L	J	Y	G	N	I	F	F	U	T	S	R
G	V	P	Y	T	N	U	O	B	N	R	N	U	E	W

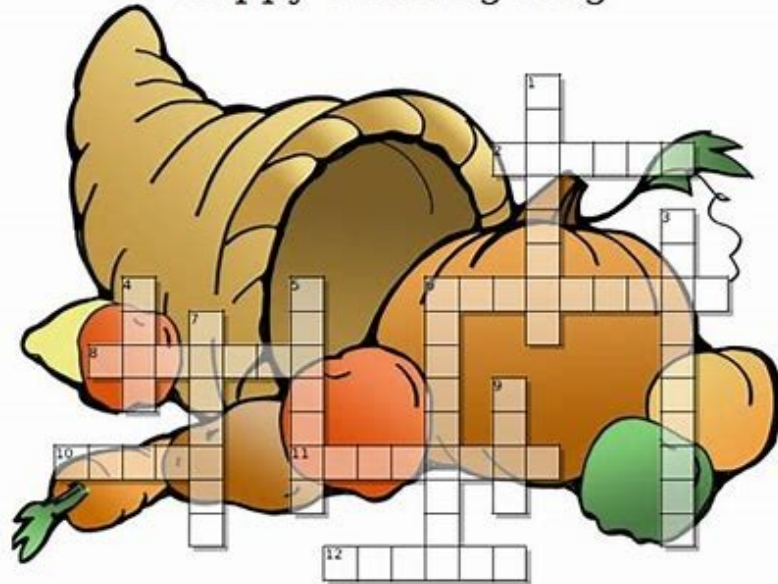
BOUNTY
CRANBERRIES
DRESSING
FAMILY
GATHER
GRATITUDE
GRAVY

GREEN BEANS
HAM
HARVEST
NOVEMBER
PARADE
PIE
PUMPKIN

SHARING
STUFFING
THANKSGIVING
THURSDAY
TURKEY



Happy Thanksgiving



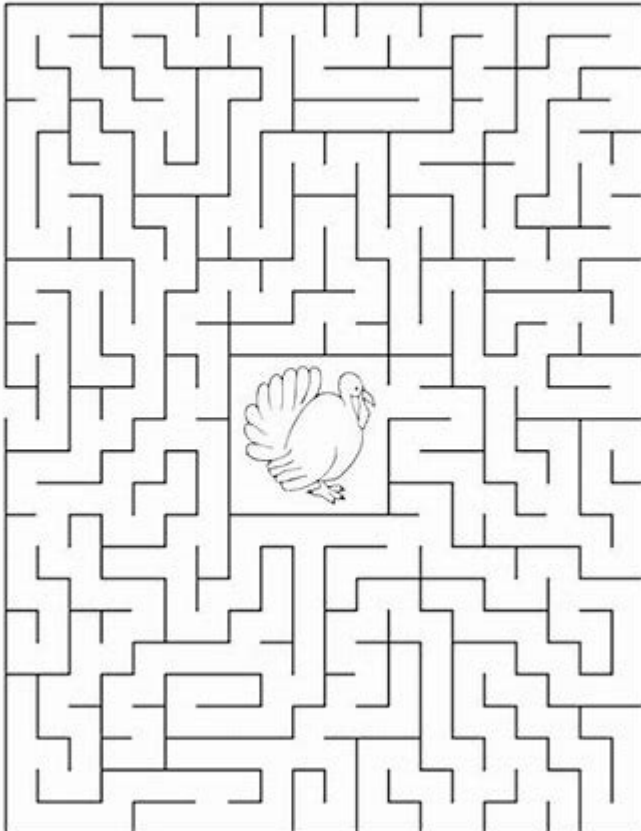
ACROSS

- 2 Main dish
- 6 Typical sauce
- 8 Hostess
- 10 It's the only time of year we eat on this
- 11 First Thanksgiving hosts
- 12 Jared's oldest

DOWN

- 1 Bread based side dish
- 3 Horn of plenty
- 4 Oldest Grandkid
- 5 One of the hosts
- 6 Vegetable casserole dish
- 7 First Thanksgiving guests
- 9 Dish with marshmallows

Help this turkey find his way out of the maze!



Thanksgiving Word Scramble

1. NFUTALHK _____
2. LDIAHYO _____
3. NCOR _____
4. AMH _____
5. READB _____
6. DLASA _____
7. OOFD _____
8. ERINDSF _____
9. MNUKPPI _____
10. RTSHAEV _____



Golden Harvest Bazaar

1808 Hot Springs Ave, Holy Trinity Church 11/11/2022–11/12/2022

Price: Free Luncheon - Adults \$11; Children 5-12 \$5; 4 and under free.

The Christmas Parade



November 26th at 5:30pm, Capital Ave and 24th Street. Come enjoy the Christmas Tradition with the 32nd annual Christmas Parade

6 Healthy Way to Handle Holiday Stress

1. Get outside and break a sweat. Unplugging to spend some time in nature is a great way to slow down overwhelming thoughts.
2. Focus on gratitude. Remind yourself of everything that makes your life wonderful, and of exactly why you appreciate those things.
3. Meditate. Start each day focusing on what really matters.
4. Be of service to others. Volunteering is an excellent way to escape the trappings of your stressed mind.
5. Don't feel guilty for needing downtime. It's completely human -and healthy- to take periodic breaks to rest up.
6. Watch or listen to things that give you joy. Take yourself back to a time when holidays were magical and not stressful.



Adult and Children's Eyeglasses

Community Action of Laramie County is now accepting applications for the adult and our children's eyeglass programs. If you are in need of assistance, please complete an application to be placed on our waiting list. You can get an application from our front desk Monday through Friday 8:00am to 5:00pm.

If your child needs eyeglasses, please contact your child's school nurse who will refer them to Community Action of Laramie County to begin the process.

Older Relative Caregiver Program

If you are, or know of, an older relative who is caring for a younger relative, Community Action of Laramie County has openings for our Older Relative Caregiver Program.

This program connects caregivers to resources in the community, offers a monthly support group and dedicated case management to ensure the success of the family. Our mission is to instill a sense of hope and support to a changing family unit.

"Thankfulness creates gratitude which generates contentment that causes peace."

Todd Stocker



Approved Project Hope participants enter into a 1 year contract to receive Intensive case management services to enhance life skills, achieve and maintain their housing, build social skills and community relationships and to address their individual needs with the goal of becoming self-sufficient.



Working in close partnership with the Cheyenne VA Medical Center, our Veteran Housing Services provides short-term housing for homeless veterans as they work with case managers to secure permanent housing.



Crossroads Healthcare Clinic provides primary medical care, mental health services and substance abuse services to individuals and families who are currently homeless and a small percentage of low-income persons who are currently housed.

"This document was developed under Grant(s) from the U.S. Department of Health and Human Services, Administration on Community Living and the Wyoming Department of Health, Aging Division, Community Living Section. However, these contents do not necessarily represent the policy of the U.S. Department of Health and Human Services, Administration on Community Living and the Wyoming Department of Health, and you should not assume endorsement by the Federal or State government."





CALC
PRESENTS
1ST ANNUAL

GLAM UP

AND GIVE BACK

Gala

SATURDAY, NOVEMBER 5TH

6PM - 9PM

THE LOUISE EVENT VENUE
110 E. 17TH ST.

FASHION SHOW - MUSIC - FOOD & DRINKS - SILENT AUCTION

JOIN US ON A NIGHT TO REMEMBER AND
TO GIVE BACK

Tickets

INDIVIDUAL
\$75

VIP
\$425

TABLE OF 7 INCLUDES: 2
BOTTLES OF WINE AND 14
FREE RAFFLE TICKETS

VENMO: @CALCI920
IN COMMENTS PUT GLAM UP