

SUPPORTING FAMILIES. FOSTERING HOPE.

Kinship Support Group

We are hosting the support groups at First United Methodist Church. 108 E 18th St from 6:00pm to 8:00pm on APRIL 13th. This months presenter will be from Social Security available to answer all your questions.



What do you get if you cross Winnie the Pooh and the Easter Bunny?



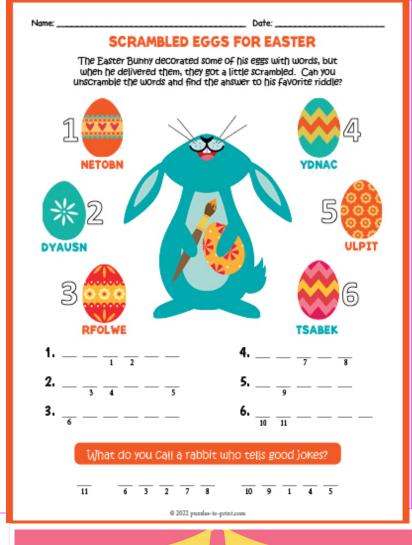
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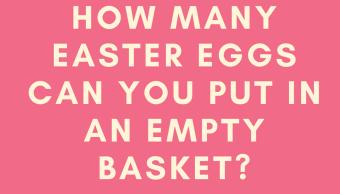
A honey bunny



APRIL BASKET BEES BIRDS BLOOM BLOSSOM BREEZE BUTTERFLY EARTH EASTER **FESTIVAL** FLOWERS FRAGRANT FRESH GARDEN GROWTH HATCH







ONLY ONE—AFTER
THAT IT'S NOT EMPTY
ANYMORE!



SUPPORT GROUP

April Support Group—April 13th

<u>May</u> Support Group—<u>May 4th</u> (this is the <u>first Thursday</u> of the month due to another obligation)

June support Group—June 8th

For this month's Support Group (April 13th) we are having a Mac & Cheese and Hot Dogs with Brownies for dessert

Please make sure to RSVP no later than Monday— April 10th by 5pm.



Just some friendly reminders:

Support Groups are mandatory. Please RSVP one week prior to the meeting for a food count. With the cost of food inflation, it is important we get a head count.

If you or your family is sick, please call me and let me know. You will be excused from Support Group.

**We have Social Security coming to talk to us in April. Please have all questions ready due to limited time.

There are no known allergies at this time, if this changes within the family please let me know so we can get a meal for that person.

If you are interested in a PERS (Personal Emergency Response System) Button, please let me know. These are similar to the life alert buttons. There is no cost, if you are on our program.

Please call me or email me with any questions about anything. If I can't help, I will find resources in the community that might be able to help.

My info is listed below:

Community Action: 307-635-9291 ext:130 shanna@calc.net

Adult and Children's Eyeglasses

Community Action of Laramie County is now accepting applications for the adult and our children's eyeglass programs. If you are in need of assistance, please complete an application to be placed on our waiting list. You can get an application from our front desk Monday through Friday 8:00am to 5:00pm.

<u>If your child needs eyeglasses</u>, please contact your child's school nurse who will refer them to Community Action of Laramie County to begin the process.

Older Relative Caregiver Program

If you are, or know of, an older relative who is caring for a younger relative, Community Action of Laramie County has openings for our Older Relative Caregiver Program.

This program connects caregivers to resources in the community, offers a monthly support group and dedicated case management to ensure the success of the family. Our mission is to instill a sense of hope and support to a changing family unit.

"Spring is when you feel like whistling even with a shoe filled with slush."

Doug Larson



Approved <u>Project Hope</u> participants enter into a 1 year contract to receive Intensive case management services to enhance life skills, achieve and maintain their housing, build social skills and community relationships and to address their individual needs with the goal of becoming self-sufficient.



Working in close partnership with the Cheyenne VA Medical Center, our <u>Veteran Housing Services</u> provides short-term housing for homeless veterans as they work with case managers to secure permanent housing.



<u>Crossroads Healthcare Clinic</u> provides primary medical care, mental health services and substance abuse services to individuals and families who are currently homeless and a small percentage of low-income persons who are currently housed.

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Wyoming Department of Health, Aging Division, Community Living Section. However, these contents do not necessarily represent the policy of the U.S. Department of Health and Human Services, Administration on Community Living and the Wyoming Department of Health, and you should not assume endorsement by the Federal or State government."

