

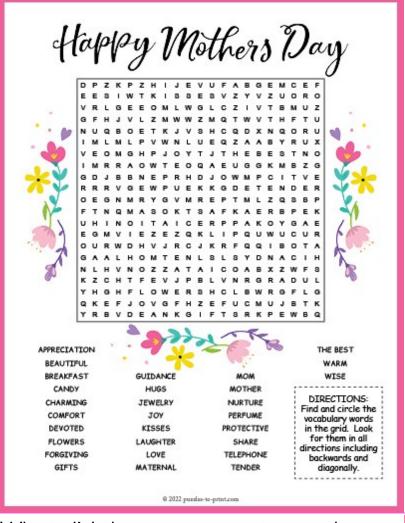
SUPPORTING FAMILIES. FOSTERING HOPE.

Kinship Support Group

We are having this months KINSHIP Support Group at the Fire Station at 716 W. 19th Street May 4th from 6-8pm.

Please be mindful that our firefighters will still be <u>WORKING</u> while we are there, and we want to be respectful and leave a good impression.





Knock, knock.
Who's there?
Bacon.
Bacon who?
Bacon brownies for Mother's Day.



Knock, knock.
Who's there?
Al.
Al who?

Al give you a hug for Mother's Day!

What did the mommy cat say when her kittens brought her warm milk on Mother's Day?

This is purrrrr-fect!



What did the mama broom say to the baby broom? It's time to go to sweep!







LOVE PRESENTS PERFUME LESSONS



PARENT FAMILY BIRTH KISS COOKING



SUPPORT GROUP

May Support Group-May 4th (this is the <u>first Thursday</u> of the month due to another obligation)

June support Group-June 8th

For this month's Support Group (May 4th) dinner will be TBD since I am also providing dinner for the Firefighters. Please make sure to: RSVP no later than Monday — May 1st by 5pm.



Just some friendly reminders:

Support Groups are mandatory. Please RSVP one week prior to the meeting for food count. With the cost of food inflation, it is important we get a head count.

If you or your family is sick, please call me and let me know. You will be excused from Support Group.

**We have a few ideas in June, but none are set in place yet. The Trampoline park will happen, however, we have to get our attendance increase in order to go.

There are no known allergies at this time, if this changes within the family please let me know so we can get a meal for that person.

**We have to new families to the group. Please welcome the Shafer's and the Rowe's

Please call me or email me with any questions about anything. If I can't help, I will find resources in the community that might be able to help. My info is listed below:

Community Action: 307-635-9291 ext:130

shanna@calc.net

Adult and Children's Eyeglasses

Community Action of Laramie County is now accepting applications for the adult and our children's eyeglass programs. If you are in need of assistance, please complete an application to be placed on our waiting list. You can get an application from our front desk Monday through Friday 8:00am to 5:00pm.

<u>If your child needs eyeglasses</u>, please contact your child's school nurse who will refer them to Community Action of Laramie County to begin the process.

Older Relative Caregiver Program

If you are, or know of, an older relative who is caring for a younger relative, Community Action of Laramie County has openings for our Older Relative Caregiver Program.

This program connects caregivers to resources in the community, offers a monthly support group and dedicated case management to ensure the success of the family. Our mission is to instill a sense of hope and support to a changing family unit.

"Act as if what you do makes a difference. It does."

- William James



Approved <u>Project Hope</u> participants enter into a 1 year contract to receive Intensive case management services to enhance life skills, achieve and maintain their housing, build social skills and community relationships and to address their individual needs with the goal of becoming self-sufficient.



Working in close partnership with the Cheyenne VA Medical Center, our <u>Veteran Housing Services</u> provides short-term housing for homeless veterans as they work with case managers to secure permanent housing.



<u>Crossroads Healthcare Clinic</u> provides primary medical care, mental health services and substance abuse services to individuals and families who are currently homeless and a small percentage of low-income persons who are currently housed.

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